



girl scouts
arizona cactus-pine

CAMP MARIPAI 2018

SUMMER CAMP CONFIRMATION PACKET

OVERNIGHT CAMP

**GIRL SCOUTING BUILDS GIRLS OF COURAGE, CONFIDENCE
AND CHARACTER, WHO MAKE THE WORLD A BETTER PLACE.**

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PLEASE READ THE ENTIRE PACKET.
ALL camper forms must be completed in UltraCamp.

WELCOME TO THE GIRL SCOUT CAMPING ADVENTURE

FUN, FRIENDS, AND ADVENTURES AWAIT!

Girl Scout camp is the place to be this summer and we are excited to have your camper join us for outdoor fun at Camp Maripai!

Please use this packet to start conversations with your camper about her camp experience. What is she looking forward to? What does she need to get ready for camp? What are her concerns? This is also a great opportunity to answer these questions as a parent. The sooner those conversations start, the more comfortable you and your camper will feel as camp gets closer. Find more resources to prepare for camp at www.campparents.org.

Girl Scout camp is a place for your camper to build character, gain leadership, HAVE FUN, and practice independence. We are looking forward to this, and so much more this summer. In the meantime, if you or your camper have any questions, please do not hesitate to contact us. We will be happy to discuss her upcoming experience.

See you this summer!

HEALTH PROCEDURES

Camp is staffed by a qualified medical professional (RN, EMT, or LPN) known as the Health Supervisor. A local physician is on call at all times.

Parents/Guardians will be contacted if your camper:

- » Spends the night in the infirmary.
- » Needs to see a doctor or visit the emergency room.
- » Breaks the Camper Behavior Agreement.

Parents/Guardians may also be contacted if:

- » The Health Supervisor has a question in regards to information supplied on your camper's Health History Form (medications, chronic health conditions, etc).
- » Camp staff needs your assistance/support in regards to your camper's well-being.

All campers receive a health screening upon arrival at camp, and the Health Supervisor verifies health information. Parents will be notified of any concerns.

All medications must be checked in with the Health Supervisor, and can only be at camp if:

1. In the original container
2. Labeled with the camper's name, physician's name and correct dosage
3. Prescribed by a physician
4. Includes detailed written instructions on the Camper Health History Form

MEDICATION – Please **bring only prescription medication to camp**. Medication will be administered according to the prescribed instructions. *Emergency Medications such as Epinephrine or inhalers will remain with the camper at all times and camp staff will know the specifics of that child's medical needs.*

HEAD LICE

If head lice are found during the health screening, the parent/guardian of the camper will be contacted to discuss options that best serve the camper and the camp community.

To avoid the challenge of discovering head lice at camp, please check—or have someone with experience check—your camper several days before arrival. This should provide ample time to treat. Here are a few tips:

- » Finding lice can be difficult. There are many web resources for checking for lice, such as www.cdc.gov/parasites/lice/head/diagnosis.html
- » If found, carefully treat hair and all belongings before coming to camp. Treat hair with a lice removal product, remove all nits and repeat treatment in seven days. Wash all of her bedding, pillows, hats, stuffed animals, bike helmet, sleeping bags, brush, comb and anything else her hair comes in contact with in hot water (130 degrees) and/or dry on high heat. Many children get re-infected from their own belongings.
- » Here are more treatment recommendations: www.cdc.gov/parasites/lice/head/treatment.html

CAMPER HEALTH

In order for your camper to have the best possible experience at camp, they should be arriving at camp free of illness. If your child is showing any signs of illness, please keep them home until they are well and contact the Camp Director.

Because your camper will be joining a camp community, living in a cabin with four to eight other campers, and sharing the camp with 150 other campers, it is important that good practices, like hand-washing and catching sneezes, are second nature.

For additional information, please read the healthy camp update from the American Camping Association: <http://www.acacamps.org/sites/default/files/images/parents/parentflyer.pdf>

SAFETY IN THE SUN AND HEAT

At camp, we have two very common and preventable problems: SUNBURN and DEHYDRATION. Participants are encouraged to bring non-aerosol sunscreen of SPF 15 or greater and chapstick with SPF 15+.

Water is critical to our body's health. Everyone needs to drink at least three water bottles a day. At camp meals, we all drink one glass of water before other beverages. **PLEASE ENSURE YOUR CAMPER BRINGS A REFILLABLE WATER BOTTLE.** One with a strap for carrying is recommended.

SHOWERS AT CAMP

We have showers at all camps. In consideration of Arizona's water supply, showers will be limited and girls are asked to keep their shower time to a minimum. Girls may want to practice taking 5-minute showers before arriving at camp. Thank you for supporting our efforts in using our resources wisely.

EMERGENCY PROCEDURES

Parents will be contacted if there is an emergency that affects the camp community. Examples of emergencies include wildfire evacuation or other such occurrences. When these events occur, please do not call camp. You will be contacted by the Council office with information regarding next steps.

CAMP PROGRAM - WHAT TO EXPECT

Girls attending Camp Maripai will have an opportunity to participate in traditional camp activities. Examples of activities include arts and crafts, hiking, outdoor cooking, archery, nature and science programming, sleeping under the stars, and singing. Girls attending Camp Maripai will also have an opportunity to go horseback riding. Girls attending for 4 days or more will have the opportunity to go canoeing. **Archery and canoeing programs are for girls grade 4 and up, girls younger than 2nd grade will interact with horses from the ground only. All activities are weather permitting.**

PROGRAM SESSION INFORMATION

Your camper is registered for a particular camp session for the grade level she will be entering in the fall. Examples of activities your camper will participate in at Camp Maripai are listed below. Regardless of which program session is registered, she will have the opportunity (weather permitting) to: ride horses, hike, sing, cook outdoors, and sleep outdoors.

Age eligibility requirements for specific activities:

- » **Archery** – entering grade 4 and above
- » **Canoeing** – entering grade 4 and above, attending camp for 4 days or longer
- » **Horseback Riding** – entering grade 2 and above
- » **Trailrides** – entering grade 4 and above, attending camp for 5 days or longer

TYPICAL DAILY SCHEDULE

All activities are weather permitting.

| | |
|------------------|--|
| 7:00AM | Wake up |
| 7:45AM | Flag Ceremony |
| 8:00AM | Breakfast |
| 9:00AM – 12:00PM | Activities |
| 12:30PM | Lunch |
| 1:30-2:30PM | Me Time (down time for campers to rest, write letters, hang out in cabins) |
| 2:30-5:30PM | Activities |
| 5:45PM | Flag Ceremony |
| 6:00PM | Dinner |
| 7:00PM | Evening Program |
| 9:00PM | Back in units getting ready for bed |
| 10:00PM | Lights Out |

SPECIAL NEEDS

We are dedicated to serving ALL girls in our Council, and accommodations can be made in many cases. Please contact the Camp Director for more information prior to registering. Please contact the Camp Director for campers with special health care or mobility limitations. At that time you will be able to discuss the nature of your camper's needs and gather additional information to determine if the camp can provide the proper support, supervision, and necessary accommodations to have a safe, fulfilling camp experience. To be successful at camp, your camper needs to be independent with self-care (shower, dressing, using the restroom) and comfortable with an 8:1 camper to staff ratio.

Please contact your Camp Director at least two weeks in advance if your child has any food allergies or special dietary needs. Some dietary needs can be accommodated (vegetarian, lactose-intolerant, etc.), and others cannot. Special diets may require the participant to bring food to supplement the meals provided by camp. Although we cannot guarantee a peanut free environment, we can ensure meals are peanut-free.

CAMPER MAIL

To ensure your camper gets mail every day, you may write a letter for each day and leave it with our staff when you drop off your camper. If you use the U.S. Postal Service, allow three days for mail to arrive. Consider sending letters before she leaves for camp and we will store those until your camper's session. Make sure your mail is cheerful and positive. Ask questions about what she is doing at camp, but please don't tell her about all the great things she is missing or how much you miss her. This can lead to homesickness. If you want to send a care package, we recommend sending stationery, puzzles, books, comics, pens, stickers, etc. Please do not send candy, food or soda to your daughter. It attracts insects and wild animals, makes a mess and can also create conflicts among bunk mates.

HOW TO ADDRESS MAIL

| | |
|--------------------------|---------------------------|
| | EXAMPLE |
| Camp Name | Camp Maripai |
| Program Name and Date(s) | Week 4 – Outdoor Explorer |
| Daughter's Name | Susie Camper |
| Address | 201 E. Marapai Rd. |
| City, State, Zip Code | Prescott, AZ 86303 |

UNIT PLACEMENT

The most frequently asked question is “Where will I live?” Unit living placements are finalized only a day or two before the session begins and determined by total camp enrollment and numbers in each particular program. You will receive this information upon arrival.

All girls live in cabins, with adjacent bathroom facilities in a separate building. Mattresses are provided in all living units, bedding is not provided.

In all Maripai living units, staff members live in cabins adjacent to the girls in order to give both staff and campers privacy. This allows girls to work together and learn cooperative living skills.

GETTING TO CAMP BY BUS!

RESERVATIONS MUST BE MADE IN ADVANCE.

If you did not indicate that you wanted your camper to ride the bus upon registration or have not contacted us via phone or e-mail, your camper is not registered to take the bus! Space is limited.

To reserve a space, please contact the Registration Help Desk at 602-452-7030.

PARENT/GUARDIAN DROP OFF AT CAMP

ARRIVAL TO CAMP

Please plan to arrive at the designated time. Camp staff will greet you and show you where to park. Once in the parking lot, please remember the following:

- » Leave all pets in the car.
- » Refrain from smoking on camp property.
- » Leave luggage in the car until after your camper has her health check.
- » Bring all your camper’s medications, including emergency medications such as inhalers or epi-pens and prescription medications (in the original containers) for check-in with the Health Supervisor.
- » Make sure your camper has her water bottle and is wearing close-toed shoes.

Parents/guardians will not be visiting camper living units and will need to be prepared to say goodbye once their camper meets her counselors.

CHECK-IN AND CHECK-OUT TIMES

CHECK-IN AT CAMP SITE

Please do not plan to arrive early, as the staff will be preparing the site for campers. Gate opens promptly at drop-off time (and closes 45 minutes later, program will start one hour after drop-off time). Please bring any medication with you to the check-in table. You and your camper will check in and then visit the health screening area. Luggage should remain in your car during this step.

- » **PARKING** – Staff will direct you to back in and show you where to begin the check in process. Our camps do not have large parking areas. Please be patient as we try to squeeze the cars in.
- » **TRADING POST** – The Trading Post will be open on check-in day to set up accounts and purchase items.

CHECK-IN PROCESS

There are numerous steps during the check-in process:

1. Make sure your camper is wearing close-toed shoes and socks and has her water bottle.
2. Check your camper in with camp staff at the designated check-in table. *Camper mail is given to the staff during the check-in process.*
3. Submit all medications to the Health Supervisor. *(Includes emergency medications, prescription and over the counter medications—all medications MUST BE in their original containers – this includes vitamins, Melatonin, and herbal medicines.)*
4. Visit the Trading Post (camp store). *Check camper balance for accuracy, if paid online, or turn in the Trading Post Account Form.*
5. Camp staff will conduct a health screening with camper (feet and head).
6. Camper and parent/guardian meet with the Unit Leader and camper joins her living unit group.
7. Parent says goodbye to camper.
8. Parent places camper's luggage in her assigned living unit's luggage cart.

CHECK-OUT AT CAMP SITE

The gate will open promptly at 2:00PM for pick up and closes one hour later for staff to clean and prepare for the next group.

THE PERSON PICKING UP THE CAMPER WILL BE REQUIRED TO SHOW PHOTO IDENTIFICATION. There are no exceptions to this policy – even parents/guardians must show ID. This is for your child's protection.

- » **LUGGAGE PICK UP** – Camper luggage will be sorted by session. Please take time to find ALL your camper's luggage including laundry bag, sleeping bag, pillow, stuffed animal, etc. Your camper's luggage may have expanded since she left. Check the luggage pile thoroughly. It's much easier than picking up lost items later.
- » **MEETING COUNSELORS** – Feel free to take a few minutes and meet the staff who worked with your camper. They'll be happy to meet you and discuss your child's stay.
- » **EARLY PICK UP** – If early pick up on check-out day is necessary, please plan to pick your camper up by 11AM. Pick up between 11AM and 2PM on check-out date is not possible. Simply indicate the time and date on the Parent Permission Slip and notify the camp staff at check-in.
- » **LATE PICK UP** – It is NOT possible to make arrangements for someone to stay with your camper beyond the pick-up time at camp. She will be excited to see you and share her camp experience. This is also the beginning of staff meetings and preparation for the next group of campers.
- » **MEDICATIONS** – Remember to pick up your campers' medication from the Health Supervisor.

LATE ARRIVALS AND EARLY DEPARTURES

If your camper will be arriving late, you will need to contact the camp office prior to arrival. Please report to the camp office upon arrival.

If your camper will need to leave early for any reason during the week, notify the camp office during check-in.

For your camper's safety, our gate remains closed during our camp session; without prior notification, you will not be able to enter the property. You will need to report to the camp office to pick up your camper.

CONTACT INFORMATION

You will find a map and driving directions located in this packet. We do not recommend the use of mapping websites such as MapQuest or Google since they often do not provide accurate directions to our facility. If you need directions please contact the council office at 602-452-7000.

Campers are not allowed to make or receive phone calls while at camp.

CAMP MARIPAI

Before May 15: 602-452-7145

After May 15: 928-445-4975

gsmaripai@girlscoutsaz.org

MAILING INFORMATION

(PLEASE DO NOT SEND FOOD OR CANDY)

Camp Maripai

201 E. Marapai Road

Prescott, Arizona 86303-7519

PACKING LIST

RESIDENTIAL / OVERNIGHT CAMPS 1-3 WEEK SESSIONS

Campers are responsible for all items brought to camp. Label everything – especially sleeping bags and luggage! Please do not attach loose items to luggage (ex. tying shoes to suitcase). This will help us get her gear to her unit. We recommend that you leave any items you consider to be irreplaceable or valuable at home. GSACPC is not responsible for lost, damaged or stolen items. **The list below is based on a 1 week session; if your camper is at camp for 2 or 3 week, plan accordingly per daily quantities, listed below.**

CLOTHING

- | | |
|---|--|
| <input type="checkbox"/> t-shirts – one per day | <input type="checkbox"/> rain coat or poncho |
| <input type="checkbox"/> shorts – one per day | <input type="checkbox"/> pajamas |
| <input type="checkbox"/> socks – one pair per day | <input type="checkbox"/> long pants – one pair |
| <input type="checkbox"/> underwear – one per day | <input type="checkbox"/> hat or visor |
| <input type="checkbox"/> shoes – tennis shoes (CLOSED TOES & HEELS) | <input type="checkbox"/> sweater, sweatshirt OR jacket |
| <input type="checkbox"/> shower shoes, like flip-flops | <input type="checkbox"/> nametag (FOR RETURNING CAMPERS) |

PERSONAL CARE

- | | |
|--|---|
| <input type="checkbox"/> 1 washcloth | <input type="checkbox"/> sleeping bag OR sheets and 3-4 blankets |
| <input type="checkbox"/> 1 bath towel | <input type="checkbox"/> pillow |
| <input type="checkbox"/> sunscreen AND lip balm – SPF 15 or higher | <input type="checkbox"/> laundry bag with name on it |
| <input type="checkbox"/> shampoo, conditioner | <input type="checkbox"/> flashlight and extra batteries |
| <input type="checkbox"/> brush OR comb | <input type="checkbox"/> mess kit OR plastic cup, plate and silverware for outdoor cooking. (NO GLASS). |
| <input type="checkbox"/> soap and deodorant (NO SPRAY CANS) | <input type="checkbox"/> water bottle with a shoulder strap |
| <input type="checkbox"/> toothpaste, toothbrush | <input type="checkbox"/> sunglasses |
| <input type="checkbox"/> sanitary items (IF APPROPRIATE) | <input type="checkbox"/> daypack/backpack |
| <input type="checkbox"/> plastic bag/bucket to take items to showers | |

NICE TO HAVE

- | | | |
|--|--|--|
| <input type="checkbox"/> camera, film (PHONES NOT ALLOWED) | <input type="checkbox"/> book | <input type="checkbox"/> address book |
| <input type="checkbox"/> stuffed animal | <input type="checkbox"/> bandana (REQUIRED AT MARIPAI) | <input type="checkbox"/> themed dress up items |
| | <input type="checkbox"/> stationery, pen, stamps | <input type="checkbox"/> 1 light colored item to tie-dye |

DO NOT SEND

- | | |
|--|--|
| » pets/animals | » personal sporting OR riding equipment (CLIMBING HARNESS, HELMET, BOW/ARROWS, TACK) |
| » vehicles (bicycles*, ATV's, etc) | » tobacco, non-prescription, illegal drugs, alcohol |
| » radios, iPods OR other music players | » expensive name-brand items |
| » phones | » matches or candles |
| » video games | » irreplaceable items |
| » gum, candy or other food items | » anything with wi-fi |
| » laptops or portable DVD players | |
| » snacks with nuts | |

CAMP MARIPAI-SPECIFIC

Long pants, bandana and smooth-soled shoes/boots with ½ inch heel for horseback riding. (It is not necessary to purchase shoes as there is a boot closet to borrow from at camp). ***Please do not send your daughter with her own riding helmet. All girls are required to wear helmets that meet our strict safety requirements.***

FOR HORSEBACK RIDING SESSIONS

- ☐ smooth soled shoes or boots with ½ inch heel (not required; camp has LOTS of boots to borrow)
- ☐ bandana (prevents head lice when worn under helmet)
- ☐ full Length Pants (2-3 pair)
- ☐ boot Length Socks (2-4 pair)

DRESSING UP FOR "THEME WEEKS" @ CAMP

All of our camps share the same “theme week.” The theme is relevant to the camper’s experience through all-camp and my-choice activities. Campers may choose to bring dress up items relating to the theme the week they are attending camp. ***No need to purchase items – it is not required that campers dress up.***

See below for the themes and ideas of what campers might wear/bring for dressing up.

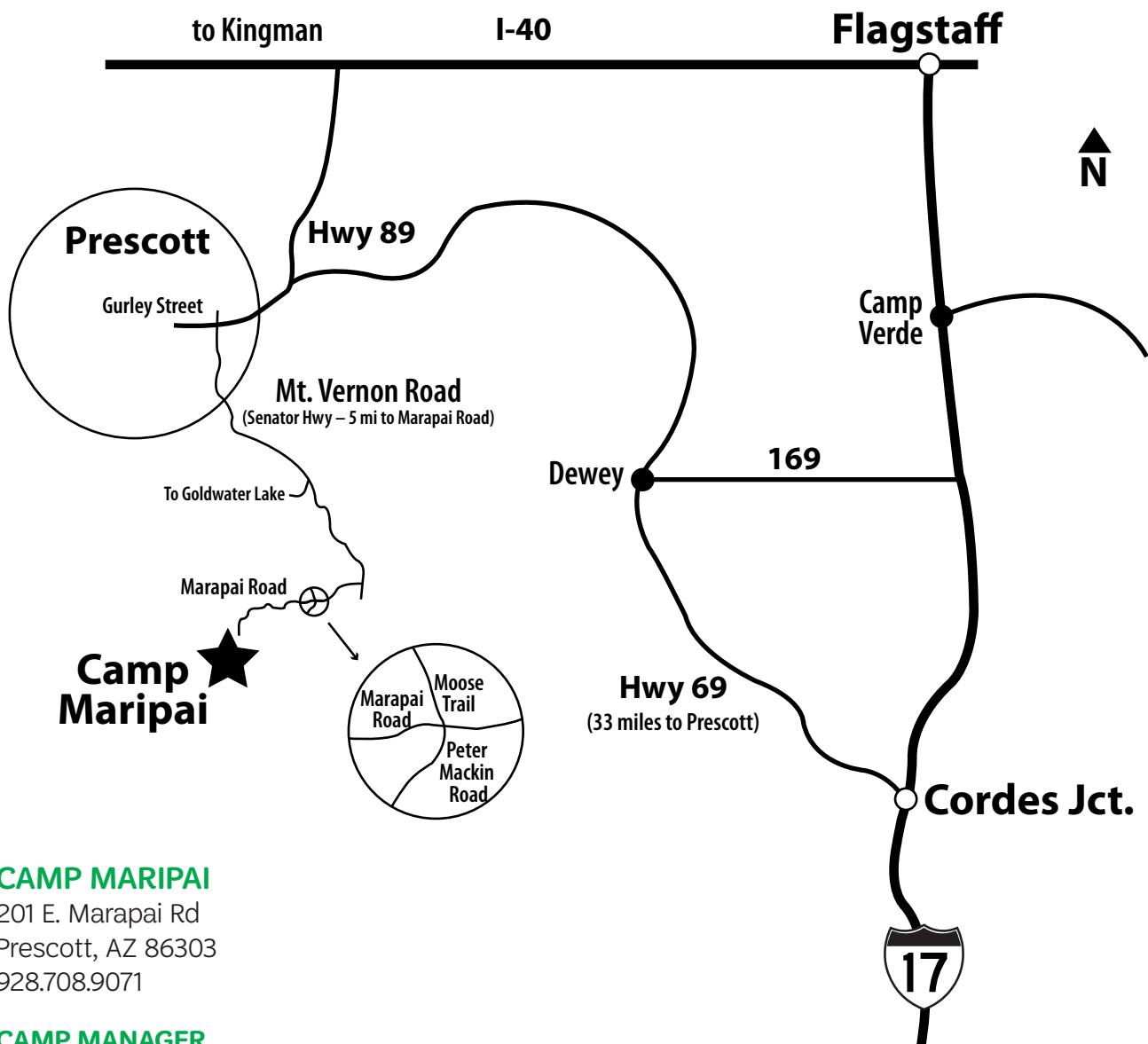
| WEEK | THEME | IDEAS |
|---------------------|-------------------|--|
| 1 June 3-6 (4-days) | Knights & Dragons | Medieval clothing - princess gown, knight outfit, jester, etc. |
| 2 June 10-15 | Outta this World | Astronaut suit, anti-gravity boots, antennae, outer space theme clothing, etc. |
| 3 June 17-22 | World of Girls | Your own culture’s dress or dress from a culture you admire |
| 4 June 24-29 | Wonderland | Alice in Wonderland theme - Mad Hatter, bright clothing, small hat, polka dots, rabbit, etc. |
| 5 July 5-7 | Western | Boots, button-ups, hats, buckles, etc. |
| 6 July 8-13 | Camp Carnival | Bright baggy clothing, clown nose, any clothing item related to a circus/carnival |
| 7 July 15-20 | The Mighty Jungle | Animal tail, mask or clothing |
| 8 July 22-27 | Treasure Hunt | Bright baggy clothing, clown nose, any clothing item related to a circus/carnival |
| 9 July 29-August 1 | Beach Party | Lei, sun hat, beach ball, sunglasses, etc. |

LOST & FOUND

All “lost & found” items will be held for two weeks at the council office after close of the camp session. All items not claimed within two weeks of session closing will be donated to local charities.

CAMP MARIPAI

ROAD MAP & DIRECTIONS



CAMP MARIPAI

201 E. Marapai Rd
Prescott, AZ 86303
928.708.9071

CAMP MANAGER

Gary Baldrige, Camp Manager
Debi Baldrige, Camp Ranger
928.445.6959

Take I-17 to State Rt. 69 at Cordes Junction. Take State Rt. 69 to Prescott (approx. 30 miles). State Rt. 69 will connect with Gurley Street in Prescott. Take Gurley Street west to Mt. Vernon Road (Senator Hwy). Turn left on Mt. Vernon Rd. (Mt. Vernon will become Senator Hwy). Take Mt. Vernon Rd. approximately five miles to Marapai Road. Turn right on Marapai Rd. Take Marapai Rd. approximately two miles to Camp Maripai.